

## **COUNSELING AND PERSONAL DEVELOPMENT CENTER POLICIES REGARDING CONTACT WITH CAMPUS COMMUNITIES**

### **Faculty and Coaches:**

- The Counseling and Personal Development Center (CPDC) will not release information without students' consent. If a student requests that a counselor contacts a faculty member or coach, only the following information will be shared (unless otherwise specified):
  - date(s) of attendance
  - type(s) of services (*i.e. individual therapy, crisis session, consultation session*)
- The CPDC does not provide excuses for missing classes, practices, employment, etc.
- *Note:* The CPDC encourages students to NOT schedule sessions during the student's class time.

### **Administration:**

- The CPDC will only release information to administrators if a student has signed a Release of Information or if the following has occurred:
  - If it is determined that a student needs to be transported to the hospital for any reason, the clinician must inform the Dean of Students Office. The only information that can be shared is the name of the student, and whether or not the student was admitted.
- The CPDC does not mandate treatment for any student. All services are voluntary and can be terminated by the student at any time. The campus community is aware of this policy, and as such, will not mandate that any student seek services at the CPDC.

### **Student Disability Services Requests:**

- Campus policy requires that any mental health accommodation requests (*such as a letter of support for a support animal, etc.*) must be written by an off-campus mental health practitioner. The CPDC can help connect students with providers in the community to help obtain accommodations support letters.

Please feel free to discuss these policies directly with your counselor. For more information, please see the Informed Consent. *Note:* You have the right to request a copy of the Informed Consent to keep.