

MAKING FRIENDS

Remember

Pretty much everyone feels at least a little nervous, awkward, and overwhelmed.

Take a risk by trying to get to know people before classes start

- Your hall floor and dining areas are a great place to start.

Don't forget to get out of your room.

- Make yourself familiar with the campus, go to events, go to club/ organization meetings, join a team, and check out AC Recreation.

Restrict the urge to withdraw

- It's okay to tag along with groups of people and to go to events alone.

