



TIAA ON-DEMAND WEBINAR LIBRARY

Navigating life's financial milestones

Our collection of on-demand videos covers financial topics from foundational to advanced. They offer practical solutions to help navigate your finances so you can learn how to save, manage and protect your money. Family members and friends can also view TIAA webinars by registering as guests.



ttaa.org/webinars

Save for your goals

Investing essentials: 5 principles to invest with confidence

Get a head start on smart, secure investing with simple principles.

Charting your course: A woman's financial guide

Jump-start your financial journey. We will help you discover how to make your money work for you.

Myth-busting: Planning and managing healthcare expenses

Learn more about your Medicare, Health Savings Account and long-term care benefits for today and tomorrow.

Manage your finances

How to get the most from your employee retirement plan

Let's talk tips for optimizing your retirement savings. The decisions you make (or don't make) can really add up in the future.

How can I afford college for my kids or grandkids?	Discover strategies you can use to save and pay for college—even if it feels impossible today.
Take control of your financial life: 5 steps to save money and manage debt	Uncover how to set goals, balance your budget and use debt wisely.
Tax planning opportunities	Identify your top tax considerations and learn which factors will have the biggest impact on your individual situation. Plan for what you know and prepare for what may change.
Planning for life milestones	From marriage to the loss of a loved one, ensure you're prepared for steps in your life's journey.
Navigating the sandwich generation: Financial strategies for the caregiving squeeze	Learn how to manage caring for your aging parents while supporting your adult children. It can be done.
How to get the most out of your retirement income	Discover how to maximize your retirement income to ensure your financial security doesn't stop when you stop working.
Protect your future	
Steps to help secure your income in retirement: A mid-career check-in	Take stock of where you are at this critical checkpoint and use retirement-saving strategies to better balance competing financial priorities.
Set your retirement date: Understand the factors to get you to your goal	Whether you plan to retire today or 30 years from now, it's never too early—or too late—to design the life you want. Let's explore the steps to getting you there.
Family wealth education	Family wealth includes more than just economic resources. The plan should also contemplate your family's values, experiences and passions.
Staying safe online: Avoiding cybersecurity threats and fraud	Learn useful tips for spotting scams and safeguarding your personal information.
How longevity affects financial planning and family caregiving	With life expectancy growing, we explore the financial realities of caregiving and the actions families, employers and policymakers can take to address this critical issue.
Social Security	Social Security will likely play a significant role in your retirement income. Learn the basics about Social Security, including how your benefit is calculated and strategies for claiming benefits.

Naming your beneficiaries: Why it matters

TIAA will help you make an informed decision based on legal issues, financial goals and personal wishes.

More to learn

Your guide to living well in retirement

You can thrive in retirement. Let's explore strategies and tips to get you there.

Live long and prosper: Your guide to understanding longevity

Learn how to think about your longevity across financial, physical, mental and social dimensions; longevity's impacts on financial caregiving; and how having longevity literacy can affect your retirement planning and saving decisions.

Quarterly market and economic update

Hear from the experts in our Wealth Chief Investment Office about key drivers of the markets and economy that are impacting investors.

Retirement planning across generations and demographics: Navigating the big decisions

Retirement planning involves important calculations, from how much to save to when to retire. Learn how a diverse set of Americans are navigating these choices and their implications.

Tips for working with a financial professional

Learn how to select the right financial professionals, communicate effectively with them and make the most of your collaboration to achieve financial success.

Financial wellness and mental health: Insights from the TIAA Institute

Examine the relationship between mental health and financial decisions to help you reach your goals.

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Retirement paycheck refers to the annuity income received in retirement. Guarantees of fixed monthly payments are only associated with TIAA's fixed annuities. Any guarantees under annuities issued by TIAA are subject to TIAA's claims-paying ability.

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