# NEW GATOR ORIENTATION

# Welcome to Allegheny



### IAN BINNINGTON

Dean for the Student Experience



### **Themes for the Next Four Years**

- 1. Safe, inclusive, vibrant Allegheny
- 2. Success is a process growth mindset
- 3. Ask Us!! people and resources



### orientation@allegheny.edu

### **CLASS DEAN**

- Every student has a Class Dean specifically devoted to their success!
- Connect to resources
- Provide personal and academic support
- Provide whole class programming



First Year Class Dean Aacha Gregg agregg@allegheny.edu

### FINANCIAL AID

Natasha Eckart - Director Mandy Pipper - FAFSA Erin Pangborn - Loan Specialist & VA Certifying Susan Hyde - State Grant Jade Allen - Student Employment



Visit the 454 House 814-332-2701 <u>fao@allegheny.edu</u> studentemployment@allegheny.edu Schedule a meeting: <u>allegheny.edu/finaid</u>

### **FINANCIAL SERVICES**

Fall bills are due July 31, 2024

View your statement in Self-Service

Pay by check or online or setup a payment plan with Nelnet Campus Commerce

Visit: Bentley Hall | 814-332-2360 <u>finsrv@allegheny.edu</u> <u>https://sites.allegheny.edu/financial-s</u> <u>ervices/</u>



Susan Cunningham - Assistant Director Suzie Miller - Cashier Kathy Conaway - ID Card Access Clare Crossley - Accounts Receivable

### **PUBLIC SAFETY**



### MURRAY HALL • (814) 332-3357

# **PUBLIC SAFETY**

#### **Omnilert Safety App**

To help provide a safe and secure environment for the entire campus community, we offer this app:



• Instant notifications when campus alerts are sent

**ALLEGHENY** COLLEGE

- A panic button to contact Public Safety for emergency assistance or to report an urgent situation
- Quick access to other safety resources

Omnilert



## **PUBLIC SAFETY**

#### **Sample Services Provided**

**Policing** – Investigating thefts, traffic accidents, damaged property, & noise complaints.

**Health and Wellness** – Wellness checks, medical transports, & safety escorts.

**Housing** – Room unlocks, key pick up after hours, troubleshooting housing issues (plumbing, electrical etc.)

**Other** – Jump-starting cars, parking passes, Lost and Found, Campus switchboard

All sworn officers are trained and certified to the same level as municipal police forces and all have prior law enforcement experience.

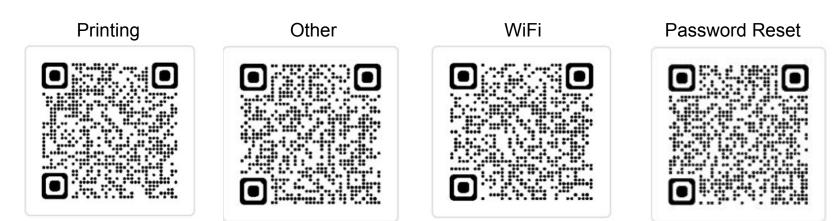
<u>They are here to keep the</u> <u>community safe, not just to</u> <u>enforce the rules.</u>

### 24-HOUR Department Operation

# **INFORMATION TECHNOLOGY**

Murray Hall Help Desk Hours: 11AM-5PM, M-F 814-332-2755 https://webhelp.allegheny.edu/

https://sites.allegheny.edu/information-technology-services/



### DINING Allegheny college



- Brooks Dining Hall "all you care to eat" cafeteria
  - sit down dining with to-go options
- McKinley Food Court "all you care to eat" mall-style food court
  - to-go dining with sit down options
- 360 Market 24/7 convenience store
- Emphasis on fresh, made-to-order food with vegan, vegetarian, and allergen-free options

# **NUTRITION SERVICES**



Melissa Lustic-Long is a Registered Dietitian-Nutritionist, a Certified Athletic Trainer, and a Certified Strength and Conditioning Specialist. She holds Bachelor's degrees in both Nutrition and Dietetics and Athletic Training, and a Master of Science in Nutrition Science. Melissa has taught in the departments of Sports Medicine and Public Health at Mercyhurst University and has worked as a Clinical Dietitian at St. Vincent Hospital in Erie. Melissa's approach to nutrition embraces the perspective that all foods can have a place in a healthful life.

### **RESIDENCE LIFE**

#### **Welcome to First Year Housing**



**Baldwin Hall** 

**Edwards Hall** 

**Crawford Hall** 

Your home away from home!

# **RESIDENCE LIFE**

#### What does a Resident Advisor (RA) do?

- Introduces students to one another
- Plans and sponsors activities and events for the hall
- Responsible for the general community building of the hall
- Helps students fill out the roommate agreement
- Mediates conflicts as they arise and helps students compromise
- Connects students to various resources on campus
- Provides a layer of security by being on duty in the evenings and completing a series of building rounds
- Is the general "go-to" peer person for their students

# HEALTH & WELLBEING

There are several ways to engage in wellness for every aspect of your life:

- Physical
- Behavioral
- Social
- Spiritual
- Vocational
- Digital





# **PHYSICAL HEALTH**

#### Winslow Health Center with Meadville Medical Center

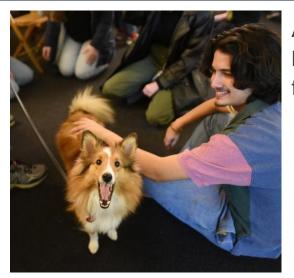
- **Treatments**: sprains, fractures, lacerations, muscle strains, burns
- **Illnesses & conditions**: colds, flu, viruses, allergic reactions, bronchitis, asthma
- **Physicals**: sports, drivers, & pre-employment
- Shots: TB, FLU & Allergy
- Physician referrals & diagnostic scheduling for further care

Most insurances accepted if your plan is in local area coverage you may get a bill if you have coinsurance or a high deductible plan. No out of state medical assistance is accepted.



814-332-4355 No appointment necessary 10 am – 3 pm. Monday through Friday Last patient sign-in is 2:30

### **BEHAVIORAL HEALTH**





Allegheny College acknowledges & supports the importance of holistic wellness in our community. In order to be our best, we seek to find balance in all areas of our life.

- Edinboro Counseling and Psychological Services partners with Allegheny College to provide 1 on 1 counseling sessions in the Winslow Health and Wellbeing Center on campus.
- 2. <u>CampusCare 98.6 virtual 24/7 physical & behavioral health</u> <u>care support</u> for all currently enrolled students. CampusCare is available throughout the year even over winter & summer break as long as the student is currently enrolled. Students may have up to 36 appointments per year for both physical and behavioral health.
- Questions about Health & Wellbeing connect with Josh Guthrie, Wellness Case Manager, at wellness@allegheny.edu.

### **IDEAS CENTER**



Director: Natalie Brown



Program Coordinator: Jathan Reynolds

#### Inclusion \* Diversity \* Equity \* Access \* & Social Justice

**IDEAS Center** is the social/emotional brave space providing support and validation of the experiences of Students of Color, LGTBQIA, and other marginalized populations. The center also provides three gathering locations for dialogue, support, and fostering community.

#### (CILC) Culture, Identity, & Leadership Coalition Club/Organizations

African Student Association | Black Girl Magic | All Gender Equity Society | Association For the Advancement of Black Culture | International Club | South Asian Student Society | Association of Caribbean Students | ...Many More...

**Jason Fellows** assist with the daily operations of the IDEAS Center, participate in monthly IDEAS Center Staff meetings, receive professional development, and train to be IDEAS Center advocates/leaders

# **ACADEMIC SUPPORT**

- Academic Support Curriculum (LS 110)
- Subject Tutoring (group and individual)
- Writing and Speaking Consultations
- Individual Academic & Skill
   Development Support
- Academic Advising & Coaching Workshops

John Mangine - Associate Dean/Director Kendall Straub - Academic Support Coordinator Emily Birchard - Life Coach



### STUDENT ACCESSIBILITY & SUPPORT SERVICES

- Accommodations for students with disabilities
- Academic accommodations
- Housing Accommodations
- Temporary accommodations (injuries)
- Overall campus accessibility
- Life Coaching



### FIRST YEAR ACADEMIC ADVISING

### Assigned an Exploratory Advisor





- New First Year Students will have an Advising@Allegheny course with their Exploratory Advisor on Fridays, 11 - 11:50 am
- New Students will be registered for course mid-June

### **NEW STUDENT CHECKLIST**



# **MOVE-IN DAYS**

#### Move-In

- Keys & ID
- Parking Passes
- Assistance moving in

#### Resources

- PNC Bank representatives
- Student Employment
- Financial Aid
- Financial Services

Aug. 13: Football & RISE Move-In
Aug. 15: Fall Student-Athlete Move-in
Aug. 21: International Students & Bonners
Aug. 23: New Students (First Years &
Transfer Students)
Aug. 23 - 26: Welcome Weekend!



### **SUMMER VIRTUAL OPTIONS**

Advice from a Current Student June 24

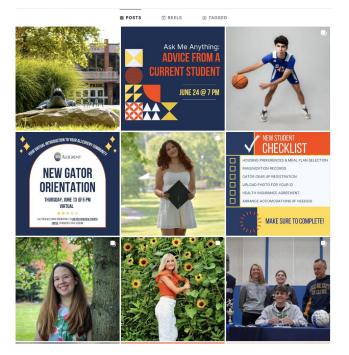
Ask me Anything 1st Generation Students July 8 Ask Me Anything Students of Color July 26

Student Orgs. & Clubs August 2

# **STAY CONNECTED!**



allegheny2028 Follow Back Message 4 ... 87 posts 303 followers 6 following Allegheny Class of 2028 Connecting @allegheny2028 @ instruce\_allegheny2028



Meet classmates and stay connected to campus

Official Class Page @allegheny2028

News from Admissions @gotoallegheny

All Things Allegheny College @alleghenycollege

### PARENTS ARE OUR PARTNERS OUR PRIMARY GOALS FOR YOUR STUDENT ARE:

### 1. GRADUATION!!

- 2. Health & Wellness
- 3. Safety & Response
- 4. Transitional Support
- 5. Developmental & Academic Success



**<u>BALANCE</u>** when to step in, and when to **empower** your student to take responsibility.

**SELF-ADVOCACY**: we want our students to know they have the skills to advocate for themselves.

### WHAT CAN YOU DO TO HELP THEM PREPARE?

- Teach them to cook Easy Mac!
- Talk to them about relationships...
- Make sure your contact info is up to date





### PARENT & FAMILY COUNCIL PARENT & FAMILY NEWSLETTER

**Monthly e-Newsletter:** You will begin receiving the newsletter in September.

**Parent & Family Council:** Supports parent and family engagement, programming, and connection to help Allegheny provide the best possible education and experience for students. To reach the Council: <u>parentcouncil@allegheny.edu</u>

**Blue & Gold Weekend** (Family Weekend and Homecoming): Friday, September 20 – Sunday, September 22

Questions? pfoxman@allegheny.edu

### **COMMON QUESTIONS**

- 1. Textbooks and class materials
- 2. Post Office boxes and mailing
- 3. Airport shuttles
- 4. Fitness and recreation
- 5. Cars on campus for first years
- 6. Gator Express and local transportation
- 7. Career planning support
- 8. Meadville and community engagement

# **QUESTIONS?**